

Fibroscan® Liver Exam



Read this information as soon as you get it. This handout includes important details about how to prepare for this exam and what to expect. If you have questions, please call our office.



How to prepare

- You may drive yourself to and from your exam.
- No food or drink 3 hours before your exam. Take your medications with sips of water.
- You may wish to wear a loose fitting shirt, as the skin covering your right rib-cage area will be exposed during your exam.



How long will the exam take?

- The exam takes about 10 – 15 minutes.
- Plan to spend about 30 – 40 minutes at the clinic.



What to bring to your exam

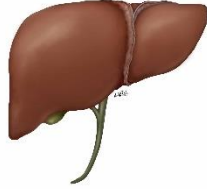
- Photo ID and health insurance cards.



What else should I know?

- Call our office if you have any questions at **216-844-5387** or **216-286-6757**
- If you need to re-schedule your exam, please call the number listed below
 - UH Cleveland Medical Center and UH Minoff Health Center at Chagrin Highlands – **216-844-8500**
 - UH Elyria Medical Center – **440-328-3410**

What is a Fibroscan® Liver Exam?



The Fibroscan® liver exam, is a noninvasive pain-free test used to measure the stiffness of the liver. Liver stiffness, helps your provider determine the best course of treatment and can help your provider monitor your liver condition.

During your exam

You will be asked to lie down on your back with your right arm raised and tucked behind your head. A clinician will place a probe, similar to an ultrasound probe, on your side near where your liver is. The probe sends painless vibration through your body into your liver, measuring the velocity, or how fast it takes the vibration to travel through the liver. The faster it takes the vibration to travel through the liver, the stiffer the liver.

After your exam

Results from your exam will be sent to our hepatology providers for interpretation. Your provider will contact you with the results from your exam.



Please contact your provider's office with any questions or concerns.