

# Coping with Loss

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This Pathfinder gives you a list of books, websites, and organizations that may help you with grief and coping with loss.

## Books

**Finding Meaning: The Sixth Stage of Grief** (2020) by David Kessler ISBN-13 : 978-1501192746

**On Grief and Grieving: Finding the Meaning of Grief Through the Five Stages of Loss** (2014) by Elisabeth Kübler-Ross ISBN-13 : 978-1471139888

**It's OK That You're Not OK: Meeting Grief and Loss in a Culture That Doesn't Understand** by Megan Devine and Mark Nepo (2017) ISBN 13: 978-1622039074

**Healing After Loss: Daily Meditations For Working Through Grief** (1994) by Martha Whitmore Hickman. William Morrow Paperbacks. ISBN: 978-0380773381

## Cancer Websites

**American Society of Clinical Oncology** - Go to [cancer.net](http://cancer.net). Click on Coping With Cancer tab on the top. Then on the left, click on Managing Emotions.

**American Cancer Society** - Go to [cancer.org](http://cancer.org) - To find a list of topics, type Grief in the search box.

## Organizations

**The Gathering Place** – A support community for people touched by cancer. They are located in Beachwood and Westlake. Call 216-596-9546 or visit [touchedbycancer.org](http://touchedbycancer.org).

**Cornerstone of Hope** – Offers grief counseling and support. They are located in Independence. Call 216-524-4673 or visit [www.cornerstoneofhope.org](http://www.cornerstoneofhope.org).

**Hospice of the Western Reserve Bereavement Center** - Offers grief counseling and support. Open to anyone. They are located in Cleveland. Call 1-800-707-8922 or visit [hospicewr.org](http://hospicewr.org).

**Joel's Place** – Offers grief support for children who have lost a loved one. They are located on the east and west side of Cleveland. Call 440-248-4412 or visit [joelsplaceforchildren.org](http://joelsplaceforchildren.org)

**Stewart's Caring Place** - A support community for people touched by cancer. They are located in Akron. Call 330-836-1772 or visit [stewartscaringplace.org](http://stewartscaringplace.org).

**Ohio United Way 2-1-1 (First Call for Help)** – Directs people to resources in their community. Dial 211 or visit [211oh.org/](http://211oh.org/)

This Pathfinder is a suggested list of books and websites and is not meant to take the place of medical advice or professional counseling. If you have any questions, please talk to your doctor, nurse, or social worker.