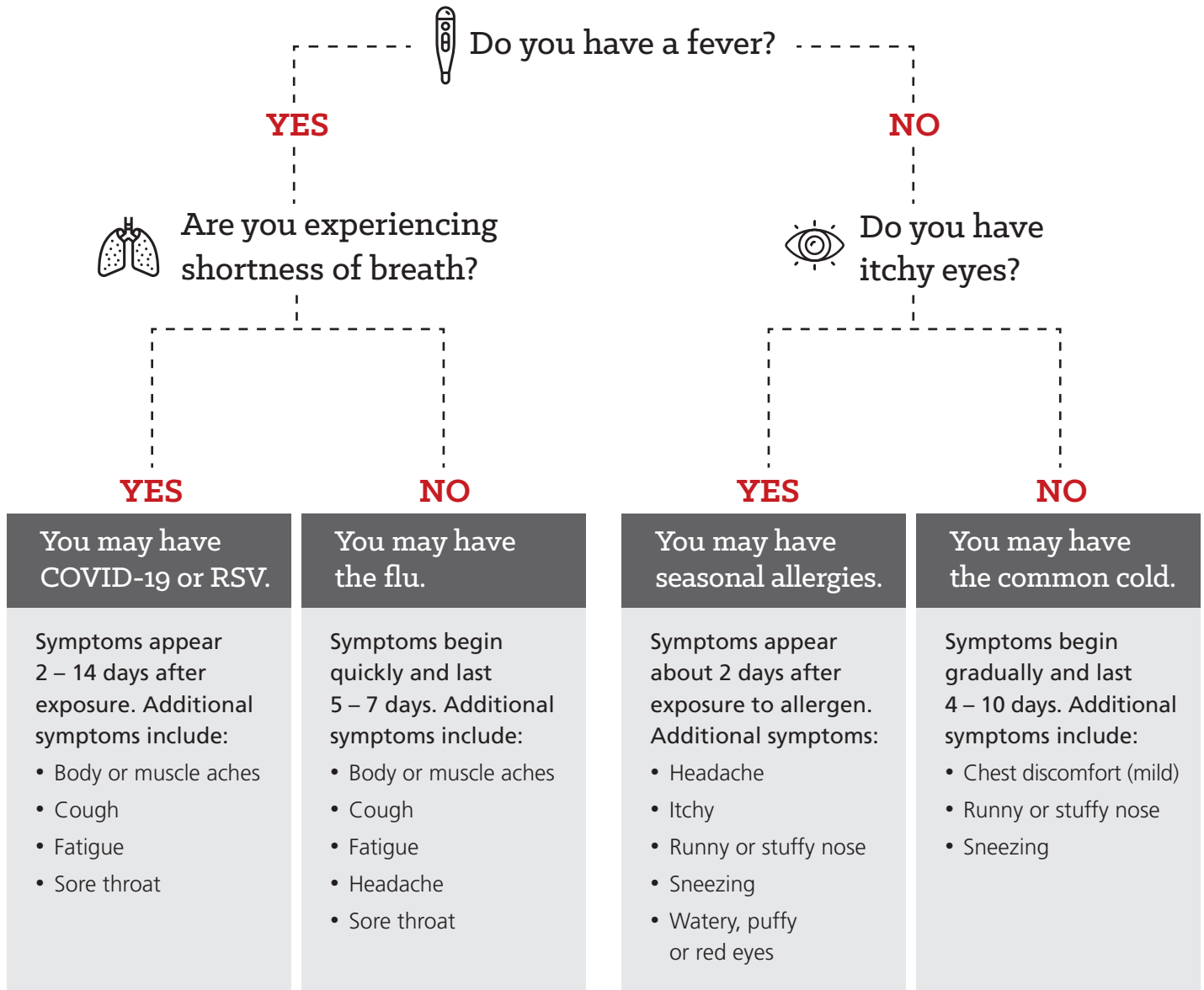


Is it Coronavirus, RSV, Flu, Cold or Seasonal Allergies?



When to consult a doctor:

If your symptoms don't improve or you notice new or worsening symptoms, consult a doctor. These illnesses have many overlapping symptoms, so additional testing or evaluation is often recommended.

To find treatment options, visit:

[Uhhospitals.org/OnDemandCare](https://www.uhhospitals.org/OnDemandCare)

Is it Coronavirus, RSV, Flu, Cold or Seasonal Allergies?

Not sure what's causing your sniffing, sneezing, or coughing symptoms? Is it COVID-19, the flu, a cold or seasonal allergies? It can be difficult to tell these illnesses apart. Use the chart below to help identify what condition you may be experiencing.

Symptoms	Coronavirus	RSV	Flu	Seasonal Allergies	Cold
Body or Muscle aches	Common	Never	Common	Never	Rare
Cough	Common	Common	Common	Sometimes	Common
Fatigue	Common	Never	Sometimes	Sometimes	Sometimes
Fever	Common	Never	Common	Never	Never
Shortness of breath	Common	Common	Common	Rare	Never
Sore throat	Common	Common	Sometimes	Sometimes	Common
Headache	Common	Common	Common	Never	Never
Itchy eyes	Never	Never	Never	Common	Never
Chest discomfort	Common	Never	Sometimes	Rare	Never
Red, watery or puffy eyes	Never	Never	Never	Common	Never
Runny or stuffy nose	Common	Common	Sometimes	Common	Common
Sneezing	Rare	Common	Sometimes	Common	Rare
Chills	Common	Never	Common	Rare	Never
Change in or loss of taste or smell	Common	Never	Rare	Rare	Rare

If you are feeling ill:

1. Stay home to avoid infecting others.
2. Get plenty of rest and sleep.
3. Drink plenty of water and other clear liquids to prevent fluid loss (dehydration).
4. Take pain relievers such as acetaminophen to relieve fever and body aches. Do not give aspirin to children.
5. Completely cover your mouth when you cough or sneeze.



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