

Application for Music Therapy Internship

Mail ALL completed materials to:

Paul T. Ousley, MT-BC
25001 Emery Rd. Suite 100,
Warrensville Hts., OH 44128
Office phone: 1-440-735-4252

HOW TO APPLY:

To make a formal application to the program, please submit your application online or by sending all required materials in the mail to the address above. All of the items must be sent at the same time by online form or mail in order to be considered.

- Current resume -Include all music therapy experience
- Official transcript(s) of all academic training -Minimum of a 3.0 GPA in music therapy courses
- Three letters of reference with at least two (2) references addressing your clinical skills - These need to be sent with your application packet, not separately
- Statement verifying anticipated completion date of your music therapy course work/eligibility to apply for internship positions from the director of your music therapy department
- YouTube link of a music therapy session with adults -Please limit to a 15-20 minute session where you demonstrate at least 2 accompanying instruments during the session. Also include a skills demonstration of your skills playing and singing on two separate instruments of your choosing.
 - If mailing a hard copy application packet, please include DVD of skills demonstration and mock session
- Written answers to the following questions

1. What do you hope to achieve in your internship?
2. What skills do you want to refine?
3. What areas of music therapy are of particular interest to you?
4. What are your strengths?
5. Describe a positive and a negative (or challenging) experience you have encountered during your academic/clinical training.
6. Why did you decide to pursue music therapy as a career?
7. Why did you choose this internship site?

CONFIDENTIALITY ISSUE OF VIDEO RECORDING CLIENTS:

AMTA clearly states that due to confidentiality, video and audiotapes of CLIENTS are not to be sent as a part of an internship application. We honor that request. In order to have the most complete picture of each applicant, we have found that a video is of significant help. We have listed several alternatives to create a video WITHOUT USING CLIENTS and ask that you consider them. If these options are not possible, please send a NON-CLIENT audiotape of a session (15-20 minutes).

You may ask a group of adults or older adults from your neighborhood, workplace or use a small group of college students.

We ask that you do not submit a video of you working with children as this internship primarily involves working with adults.

In the video, we are looking at:

- Your music skills
- How you build rapport with clients
- How well and quickly you think on your feet in response to your group
- How you plan
- How you transition from intervention to intervention
- Your leadership skills.

Do your best. This truly adds to our awareness of who you are and what you can do. Please specify the population of your mock session in a note supplied with your DVD.

MORE ABOUT THE APPLICATION PROCESS

Internship applicants who are selected from the initial submissions will have a personal telephone conference interview with the internship director. Once your application packet has been reviewed and approved, the interview will be scheduled. During this interview, the applicant is expected to sing songs with guitar and keyboard accompaniment in response to real life scenarios. Please be prepared with a variety of repertoire for adults. The majority of the interview is focused on the student's ability to solve problems and react to certain situations by introducing real-life scenarios that can happen in the hospital. Intern applicants will react to real life situations through roleplaying. The usual length of the interview is 30-45 minutes and time is provided for questions.

There are eight (8) music therapy internship positions available each year. Starting dates begin in January and July. Interns will be selected to work together throughout the internship.

January Internship Deadlines: Applications must be postmarked by March 15th of the previous year

July Internships Deadlines: Applicants music be post marked by October 15th of the previous year

For any questions contact Paul Ousley (contact information above), or by email at Paul.Ousley@UHhospitals.org

ADMINISTRATIVE NOTE: In addition, legal affiliation agreement between University Hospitals of Cleveland and prospective universities required prior to intern beginning rotation. Also required: health and drug screen (to be completed and costs covered by University Hospitals of Cleveland including finger printing and criminal background check.) Health and drug screening to be completed prior to beginning of internship rotation.

Internship Facts and Description

Name and address of internship site

Connor Integrative Health Network Music Therapy Internship
25001 Emery Rd. Suite 100, Warrensville Hts., OH 44128

Population Served

Adult hospitalized inpatients ages 18 and up on med-surgery units and locked psych unit. In addition, interns will have the opportunity to shadow interdisciplinary team of providers facilitating outpatient services in modalities including acupuncture, massage, yoga, naturopathic physician services and mindfulness training via psychiatric services by CIHN medical director and MD.

Entry level requirements/competencies

Instrumental proficiency required in guitar, piano and voice, IE transposition, playing in a variety of styles and some improvisational skills. Applicants must be able to facilitate several song genres and styles along with ability to transpose keys. Technology is also used frequently in this setting, thus applicant must have some understanding of music recording software and music technology.

In addition, intern must have a strong interpersonal and communicative work style, while being self-motivated to take full advantage of diverse and exciting opportunities within the hospital system.

Internship experience.

The CIHN music therapy internship is structured to allow interns to gain experience in facilitating supervised music therapy programming in the medical setting. Interns will primarily lead one-on-one interventions on standard med-surge floors. Interns will be expected to complete a 40hr a week fulltime position over a 6-month period that satisfies the requirements of time required for board certification. Internships will begin in January and July with interns starting in pairs.

Interns will follow a schedule similar to the internship director or supervisor and will have time for patient rounding with the interdisciplinary team along with time for patient assessment, planning, treatment and charting in addition to one-on-one supervision time. Interns will have the option of a case study or special project that will be implemented within desired population available at their medical facility placement.

The philosophy of this internship is that music therapy is a crucial aspect of inpatient pain and stress management on an interdisciplinary team of providers including music therapy, pharmacy, physician services, physical therapy, occupational therapy, nursing, recreational therapy, social work and psychiatric services. The aim of this internship is to offer interns an experience that is opened and realistic yet structured in a rapidly growing integrative health network of providers in the medical setting that will prepare them for successful employment in the medical realm post completion. Interns will finish their experience with a unique insight into the shifting healthcare field that is increasingly valuing holistic treatment modalities as health care facilities grow philosophies that account for patient mind, body and optimum health.

During internship, interns will have access to guitars, piano, ukuleles and hand percussion in addition to a mobile recording studio and computer equipment. In addition to an extensive collection of instruments and equipment provided by the medical center.

Interns will not be required to work holidays, nights or weekends.

Music Therapy Experiences Monthly Breakdown

MONTHS ONE and TWO:

The intern will observe (first two weeks), participate in and co-lead individual and group music therapy sessions along with the music therapy team, which will include the ID, or other professionals (art therapists, recreational therapists, psychology interns, LPC's, social workers, etc.). The intern will be co-leading with the therapist by the end of the first month. After demonstrating sufficient client-interaction skills and therapeutic leadership ability (as articulated by AMTA competencies), the intern will gradually assume more responsibility for independent planning, implementing and charting therapy sessions. Interns will identify specific long-term and short-term goals to be addressed or refined during the internship. During this time, interns are encouraged to begin thinking about possible case study and topics for special project.

MONTHS TWO and THREE:

The intern will assume more responsibility for facilitating in the second month and total responsibility for preparation, implementation, and documentation of personal assignments by the end of the second or third month, depending upon the intern's readiness to assume these responsibilities. This will include forms and procedural aspects of clinical documentation (assessment documentation, progress notes, and discharge documentation). In addition, the intern will choose a client for personal case study or choose and propose a special project to the ID by the end of the third month. A three-month report is due to the intern's university music therapy director the end of month three.

MONTHS FOUR and FIVE:

The intern will be given the opportunity to begin rotations within CIHN outpatient facility, shadowing mindfulness instructors, integrative psychiatry, acupuncture, massage therapy, yoga therapy (2 weeks). This rotation will be followed by rounds with an inpatient psychiatric team consisting of recreational therapists and an adult psych therapeutic program lead (2 weeks). Following these rounds and observations, the intern will begin work on a special project that reflects the intern's specific interests. At month four the intern will also be given new unit assignments, also working with a population(s) they would like to focus on in between observations.

MONTH SIX

The intern will complete and submit the special project to the ID no later than the second week of the sixth month of internship. The intern also will complete all other assigned work; improve/refine crisis management skills; refine counseling techniques with patients and show improvement in targeted skills related to direct services for clients.

Professional staff working with the intern

Music therapy

Pharmacy

Physician services

Physical therapy

Occupational therapy

Nursing

Recreational therapy

Social work

Psychiatric services

Massage therapy

Acupuncturists

Yoga therapy

Naturopathic physician services

Administration IE: Director of Operations, Hospital President, CIHN Medical Director and Executive Director

Other on-site student training programs

Pharmacy residents

Physician residents

Physical therapy students

Occupational therapy students

Nursing students

On-site educational programs

1. Monthly music therapy team clinical meetings- intervention and MT article sharing from professional CIHN MT staff- IE- Internship Director holds monthly meetings, bringing his MT-BC direct reports from 6 additional community hospitals for meetings and education sessions.
2. Monthly music therapy team music meeting- technique and song sharing from professional CIHN MT staff IE- Internship Director holds these monthly meetings, bringing his MT-BC direct reports from 6 additional community hospitals for meetings and education sessions.
3. Monthly CIHN interdisciplinary team meeting (all CIHN providers and administrators) report out and information sharing
4. Dialectical Behavior Training via psychiatric unit program lead
5. S.M.A.R.T.- stress management and resiliency training classes offered via CIHN
6. CPI training- crisis intervention training

Housing, meals, stipend, and transportation: a \$5,000 stipend will be issued at month 3. Interns are required to budget and use the funds appropriately. A vehicle or reliable transportation is required for this internship. University Hospitals of Cleveland offices will complete forms for liability insurance with university upon intern acceptance.

Site-specific administrative requirement: legal affiliation agreement required prior to intern beginning rotation. Also required: health and drug screen. Health and drug screening to be completed prior to beginning of internship rotation.