

Free Cancer Education Programs and Support Groups: JUNE 2019



Support Groups

“Giving Back”

Adolescent and Young Adult Group

Thursday June 20 • 6:00 – 7:30 pm

Ages 13 to 30 plus guests and caregivers. To sign up, call Whitney at 216-844-7445

Myeloma Support Group

National Leukemia & Lymphoma Society program updates

June 3 • 5:30 - 7:00 pm

UH Seidman Cancer Center
Landerbrook Health Center
Call Sharon at 440-995-2746

Partners in Coping with a Cancer Diagnosis

Ongoing

Couples meet with social worker Eileen Matteo. Call 216-896-1758



Education Classes

Chemo Class To schedule or learn more, call **216-844-5432**.

UH Sharon Health Center

Mondays 2 – 3:30 pm

UH Landerbrook Health Center

Mondays 2 – 3:30 pm

UH Minoff Health Center

Thursdays 1:30 - 3:00 pm

UH Parma Medical Center

Fri. 9 – 11 am Call **440-743-4748**

UH Portage Medical Center

Alternate Wed. 1 – 3pm
Call **330-235-7050** for dates

UH Westlake Health Center

First and Third Thurs. 9 – 11 am

UH St. John Medical Center

First and Third Fri. 8:00 – 9:30 am

Second Thursday 9:00 -10:30 am

Fourth Thurs. 2:00 – 3:30 pm

UH Cleveland Medical Center

Mon. 3 – 4:30 pm and Fri. 9:30 – 11 am

UH Geauga Medical Center

Call **440-286-5050** for days and times

UH Geneva Medical Center

Call **440-214-3349** for days and times

Visit or call the Puck Learning Resource Center – Lobby level, behind the fireplace UH Seidman Cancer Center at UH Cleveland Medical Center: **216-286-4636** or email SCCLibrarian@UHhospitals.org

Office of Patient and Public Education: **216-844-5432**

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Other Programs

Wednesday Labyrinth Walks

June 5, 12, 19, 26

10:00 am – 10:30 am • 2:30 - 3:00 pm

UH Seidman Cancer Center Main Campus
Schneider Healing Garden

No registration. For info call 216-286-4636

Free Mammograms

UH Conneaut and UH Geneva

Call Paula at 440-998-0695

to find out if you qualify

Orientation to Survivorship

Wednesday June 19 • 4:00 am – 6:00 pm

UH Seidman Cancer Center

Minoff Health Center

To register, call Eileen at 216-896-1758

Seidman Session

Music Therapy Drum Circle Group

UH Seidman Cancer Center

Main Campus Infusion Lobby

Wednesdays • June 5, 12, 19, 26

12:30 – 2:30 pm

No registration required.

For questions, call 216-844-7727

Hands-on Cooking Classes

“Mason Jar Meals”

Wednesday June 5 • 6:00 – 8:00 pm

The Gathering Place EAST

Saturday June 8 • 11:30 – 12:45

The Gathering Place WEST

“Cooking & Caring for Yourself”

Monday June 24 • 11:30 – 1:30 pm

The Gathering Place EAST

Saturday June 27 • 1:30 – 3:30 pm

The Gathering Place WEST

Registration Required. Call 216-595-9546

Art Therapy Workshops

Wednesday June 12 • 10 am – 12 pm

UH Westlake Health Center

Infusion Library Room

Tuesday June 18 • 1:30 – 3:30 pm

UH Seidman Cancer Center, St. John Medical Center

Infusion Waiting Area

Wednesday June 26 • 10:00 – 12 noon

UH Seidman Cancer Center, Minoff Health Center

Infusion Waiting Area

Wednesday June 19 • 10:00 – 12 noon

UH Seidman Cancer Center, Main Campus

Infusion Waiting Area

Thursday June 20 • 10:00 – 12 noon

UH Seidman Cancer Center, Landerbrook

Infusion Waiting Room

Marbleized Paper and Small Journal

Monday June 24 • 11:00 am – 1:00 pm

Westlake Porter Public Library

27333 Center Ridge Road

Call Barbara at 216-844-1211 to register

Arts for Wellness

Comfort Pocket Boxes -- 2 parts

Tuesday June 18 • 6:00 pm – 8:00 pm AND

Tuesday June 25 • 6:00 pm – 8:00 pm

Orange Branch of the Cuyahoga County Library

31975 Chagrin Boulevard, Pepper Pike

Marbleized Prayer Pillows -- 2 parts

Saturday June 1 • 10:00 am – Noon AND

Saturday June 15 • 10:00 am – Noon

South Euclid Branch of the Cuyahoga County

Library at 1876 South Green Road, South Euclid

Call Barbara at 216-844-1211 to register

